ROBERT WOOD JOHNSON
UNIVERSITY HOSPITAL

The start of A Beautiful Friendship

For parents and soon-to-be big sisters and brothers

Sibling Preparation Class

Designed to prepare big brothers and sisters–to-be, and parents, for the arrival of the new sibling.
Parents will learn how to manage their growing family.
Tips for dealing with interactions between children and the new baby.

There will be a discussion of the new baby's appearance and characteristics, how to hold the new baby, and how the big brother or sister can help Mom and Dad. There will be opportunities for parents to ask questions of the instructor regarding tips for dealing with sibling rivalry, and other challenges

The children will learn how to diaper and swaddle a baby (please bring a favorite doll or stuffed animal from home (with no tails). They will have a brief tour of the nursery, to see the babies in residence, and to have a better idea where their mother went to get their new sibling. The big brother or sister-to-be will make a name tag for the baby's hospital basinet, and also visit the Bristol Myers Squibb Children's Hospital's interactive gallery for children.

The class is tailored for children 3 to 8 years. One adult must attend and remain through the entire class with each child.

Saturdays, 9:00 a.m. to 10:30 a.m. Fee: $30 (2 Adults and one child; $10 each additional child)

2008: April 5 May 10

For Additional Information Contact Community Education at 732-418-8110

Sibling Preparation Class Registration

Name(s) _____

Address _____

Day Tele # _____ Evening Tele # _____

Email Address: _____

Child(s) Name/Age _____ Child(s) Name/Age _____

Circle Date Choice: 2008: April 5 May 10

Amount Enclosed: $ _____ (Make check payable to RWJUH)

Send registration with payment to:

RWJUH Community Education, One RWJ Place, Box 2601 New Brunswick NJ 08901-2601